

Suffolk County Community College

College Brief

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TO: The College Community

FROM: Louis J. Petrizzo, Esq.
 Interim President

SUBJECT: Update on the Novel Coronavirus (2019-nCov)

The College continues to monitor updates related to the Novel Coronavirus (2019-nCov).

Recent communications from the Centers for Disease Control (CDC), and the New York State Department of Health, have emphasized personal protective measures to help prevent the spread of this virus. There is currently no vaccine to prevent the coronavirus. The best way to protect against illness, is to avoid being exposed to the virus.

To minimize the chance for exposure, the CDC recommends the following everyday preventive actions:

- Avoid close contact with people who are sick.
- Stay home when you are sick, except to seek medical care.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If a tissue is not available, cough into your sleeve.
- Avoid touching your eyes, nose, and mouth.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
 - If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.

As an institution of higher education:

- We encourage everyone to self-monitor their health.
- We emphasize voluntary home isolation if you begin to exhibit symptoms and we urge you to contact your healthcare provider if your condition changes.
- Students who are ill or who exhibit symptoms should be sent home and encouraged to seek medical care.

More information is available on the CDC's [Coronavirus webpage](#).

For information about handwashing, see [CDC's Handwashing](#) website.

Since my last communication, the CDC has also expanded its list of [recommended](#) travel restrictions.

Your continued health and well-being are important to the College. I will continue to provide updated information to the community as it becomes available.